



# GREENHILLS AMATEUR BASKETBALL CLUB



## CONCUSSION POLICY

Greenhills Amateur Basketball Club recognises the seriousness and dangers associated with head trauma and aim to provide information to guide players, coaches and parents in the management and treatment process of concussion.

### DEFINITION

Concussion is a traumatic brain injury, induced by biomechanical forces to the head or anywhere on the body, which transmits an impulsive force to the head. It causes short-lived neurological impairment and the symptoms may evolve over the hours or days following the injury. The symptoms should resolve without medical intervention. Rest, followed by gradual return to activity, is the main treatment

### POLICY

Greenhills Amateur Basketball Club adopts the guidelines for assessment and management of concussion injury as outlined in the AMA/AIS joint position paper updated November 2017.

- If any player receives a head knock in the course of a game that requires play to stop and there is a perceived risk of concussion, the injured player is to be substituted and remain off the court for the remainder of the game.
- No player with suspected concussion can return to play in the same game.
- All players with concussion or suspected concussion need urgent medical assessment and this is the responsibility of the parent or guardian of the player.
- Following confirmed concussion injury, a player is strongly advised to seek a medical clearance before returning to play or train. This is the responsibility of the parent or guardian of the concussed player.

The above policy is based on documentation outlined by the Australian Institute of Sport and Australian Medical Association - Concussion in Sport Position Statement. For further information please see the link below.



[http://www.acsep.org.au/content/Document/34304\\_Concussion\\_Position\\_Statement\\_2017.pdf](http://www.acsep.org.au/content/Document/34304_Concussion_Position_Statement_2017.pdf)